

As a parent, you play a special role in creating a positive football experience for your child, by setting a good example you can help teach character building life lessons that help your child be the best they can be.

Today let them see you are proud of them and make them proud of you.

### SUPPORT YOUR CHILD

Teach your child that hard work and an honest effort are often more important than victory - that way your child will learn to be a winner no matter the result of the game!

### ALWAYS BE POSITIVE

You are a role model to your child. Be a positive role model, applaud good play by your child's team as well as good play by the opposing team.

### YOUR CHILD WANTS TO HAVE FUN

Remember that your child is the one playing football, not you. Let the players express themselves without interference from the sidelines.

**DON'T SPEAK  
TO THE PLAYER  
WITH THE BALL  
THEY'RE BUSY!**

### REINFORCE POSITIVE BEHAVIOUR

Positive reinforcement is the best way to help your child achieve their goals and overcome their natural fear of failure. If your child makes a mistake, remember it's all part of learning, it must not be an opportunity to criticise.

### SIDELINE COACHING OR REFEREEING

Refereeing decisions are not always right but they must be respected. That means refraining from coaching or refereeing from the sidelines.

Let the Coaches - Coach  
Let the referees make decisions  
- don't interfere!



**Positive Coaching Scotland**  
**It's their game, let**  
**them play it!**  
**honour our game!**

**Transforming Scottish  
youth sport so sport can  
transform youth**



Developed from the original programme created by  
Positive Coaching Alliance.